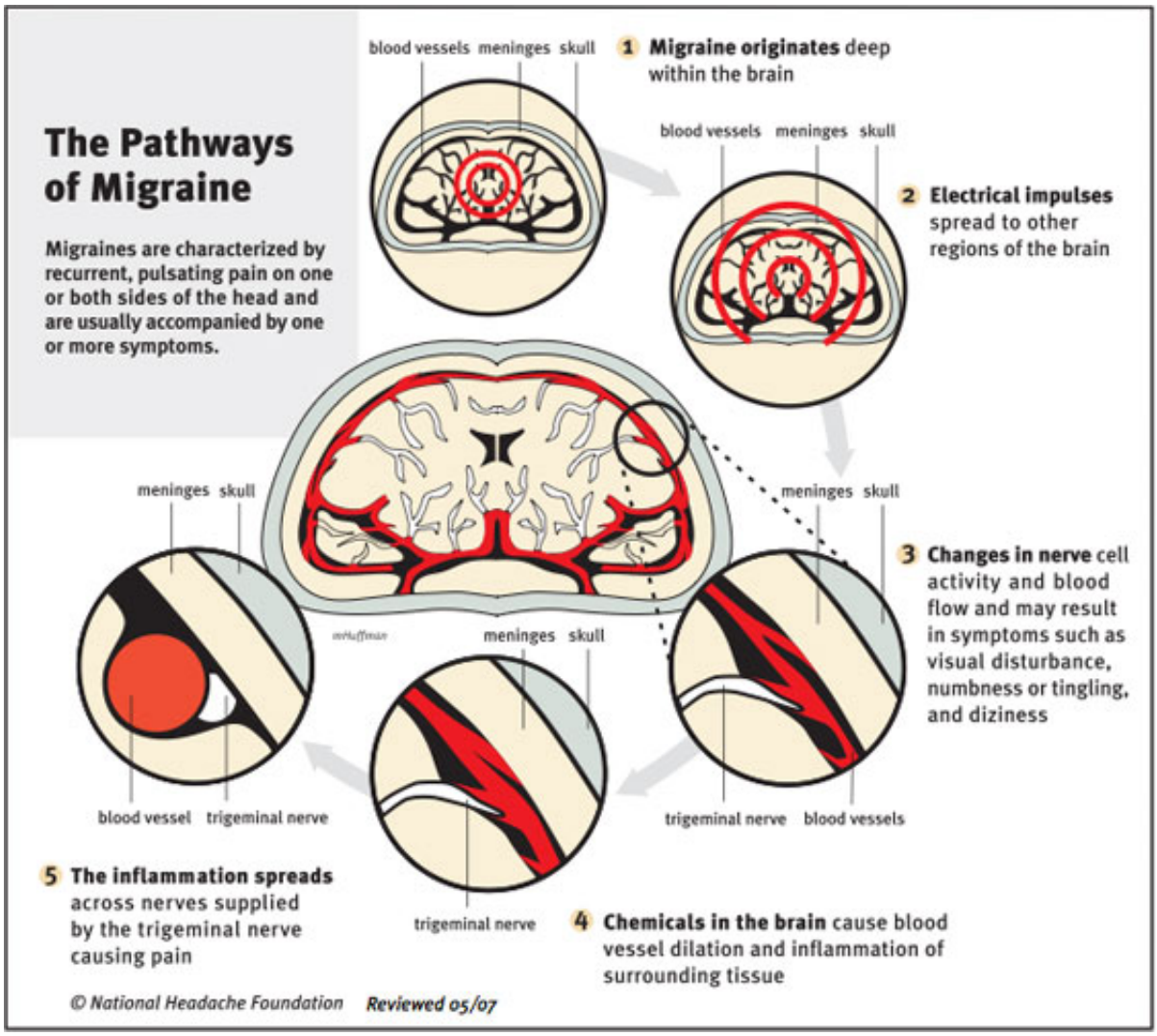
Pathways of Migraines in the Brain

by NEWLIFEOUTLOOK TEAM

How a Migraine Develops in Your Brain

You likely won't notice a trigger of a migraine until changes to the cell activity and blood flow occur. This causes symptoms such as the abnormal visual experiences you may have. Sensitivity to light is usually one of the visual issues experiences, but hallucinations can also occur. You'll begin to recognize the symptoms of your migraines and there should be a pattern regarding what the first triggers are. You might find that you always become sensitive to light, that you always begin to feel dizzy, that you, or that you always begin to experience a sort of out of body visual experience. Recognizing the patterns of warning signs will help you to know when the best time to take medication is. Always take them at the first warning sign if you're able to. Migraines can progress quickly or slowly and can be more or less intense than previous ones, so always aim to treat a migraine as soon as you can.


The Pathways of Migraine
Migraines are characterized by recurrent, pulsating pain on one or both sides of the head and are usually accompanied by one or more symptoms.
blood vessels meninges skull
1 Migraine originates deep within the brain
blood vessels meninges skull
2 Electrical impulses spread to other regions of the brain
meninges skull
3 Changes in nerve cell activity and blood flow and may result in symptoms such as visual disturbance, numbness or tingling, and diziness
trigeminal nerve blood vessels
meninges skull
4 Chemicals in the brain cause blood vessel dilation and inflammation of surrounding tissue
trigeminal nerve
meninges skull
5 The inflammation spreads across nerves supplied by the trigeminal nerve causing pain
blood vessel trigeminal nerve
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